MANIPULATION UNDER ANESTHESIA

Non-Discrimination Statement and Multi-Language Interpreter Services information are located at the end of this document.

Coverage for services, procedures, medical devices and drugs are dependent upon benefit eligibility as outlined in the member's specific benefit plan. This Medical Coverage Guideline must be read in its entirety to determine coverage eligibility, if any.

This Medical Coverage Guideline provides information related to coverage determinations only and does not imply that a service or treatment is clinically appropriate or inappropriate. The provider and the member are responsible for all decisions regarding the appropriateness of care. Providers should provide BCBSAZ complete medical rationale when requesting any exceptions to these guidelines.

The section identified as “Description” defines or describes a service, procedure, medical device or drug and is in no way intended as a statement of medical necessity and/or coverage.

The section identified as “Criteria” defines criteria to determine whether a service, procedure, medical device or drug is considered medically necessary or experimental or investigational.

State or federal mandates, e.g., FEP program, may dictate that any drug, device or biological product approved by the U.S. Food and Drug Administration (FDA) may not be considered experimental or investigational and thus the drug, device or biological product may be assessed only on the basis of medical necessity.

Medical Coverage Guidelines are subject to change as new information becomes available.

For purposes of this Medical Coverage Guideline, the terms "experimental" and "investigational" are considered to be interchangeable.

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MANIPULATION UNDER ANESTHESIA (cont.)

Description:

Manipulation Under Anesthesia (MUA):
MUA consists of a series of mobilization, stretching, and traction procedures to the spine and lower extremities performed while the individual receives anesthesia (usually general anesthesia or moderate sedation). Anesthesia or sedation is used to reduce pain, spasm, and reflex muscle guarding that may interfere with the delivery of therapy and to allow the therapist to break up joint and soft-tissue adhesions with less force than would be required to overcome individual resistance or apprehension. Manipulation is intended to break up fibrous and scar tissue to relieve pain and improve range of motion. Manipulation is also performed after injection of local anesthetic into lumbar zygapophyseal and/or sacroiliac joints under fluoroscopic guidance (MUJA) and after epidural injection of corticosteroid and local anesthetic (MUESI). Spinal manipulation under anesthesia has also been combined with other joint manipulation during multiple sessions. Together, these may be referred to as medicine-assisted manipulation (MAM).

Serial MUA:
MUA performed on consecutive days.

Criteria:

COVERAGE FOR MANIPULATION UNDER ANESTHESIA IS DEPENDENT UPON BENEFIT PLAN LANGUAGE. REFER TO MEMBER'S SPECIFIC BENEFIT PLAN BOOKLET TO VERIFY BENEFITS.

- Single or serial manipulation under anesthesia is considered medically necessary for ANY of the following indications:
  1. Post-surgical arthrofibrosis of shoulder or adhesive capsulitis (i.e., frozen shoulder) when there is failure of conservative treatment (e.g., medications, physical therapy or articular injections)
  2. Arthrofibrosis of the knee following trauma or knee surgery
  3. Reduction of a displaced fracture (e.g., long bones)
  4. Reduction of acute/traumatic dislocation (e.g., shoulder)
  5. Chronic contracture of upper or lower extremity joint (e.g., fixed contracture caused by neuromuscular conditions, trauma, surgery or burns) after failure of conservative treatment (e.g., physical therapy)
MANIPULATION UNDER ANESTHESIA (cont.)

Criteria: (cont.)

- Spinal manipulation and manipulation of other joints performed during the procedure (e.g., hip joint) with the individual under anesthesia, spinal manipulation under joint anesthesia, and spinal manipulation after epidural anesthesia and corticosteroid injection are considered experimental or investigational based upon:

  1. Insufficient scientific evidence to permit conclusions concerning the effect on health outcomes, and
  2. Insufficient evidence to support improvement of the net health outcome, and
  3. Insufficient evidence to support improvement of the net health outcome as much as, or more than, established alternatives.

These indications include, but are not limited to:

- Chronic spinal pain (i.e., cranial, cervical, thoracic and lumbar)
- Chronic sacroiliac pain
- Pelvic pain

- Single or serial manipulation under anesthesia for all other indications not previously listed or if above criteria not met is considered experimental or investigational based upon:

  1. Insufficient scientific evidence to permit conclusions concerning the effect on health outcomes, and
  2. Insufficient evidence to support improvement of the net health outcome, and
  3. Insufficient evidence to support improvement of the net health outcome as much as, or more than, established alternatives.
MANIPULATION UNDER ANESTHESIA (cont.)

Resources:

Literature reviewed 09/26/17. We do not include marketing materials, poster boards and non-published literature in our review.

The BCBS Association Medical Policy Reference Manual (MPRM) policy is included in our guideline review. References cited in the MPRM policy are not duplicated on this guideline.


MANIPULATION UNDER ANESTHESIA (cont.)

**Resources:** (cont.)


MANIPULATION UNDER ANESTHESIA (cont.)

Non-Discrimination Statement:

Blue Cross Blue Shield of Arizona (BCBSAZ) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BCBSAZ provides appropriate free aids and services, such as qualified interpreters and written information in other formats, to people with disabilities to communicate effectively with us. BCBSAZ also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call (602) 864-4884 for Spanish and (877) 475-4799 for all other languages and other aids and services.

If you believe that BCBSAZ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: BCBSAZ’s Civil Rights Coordinator, Attn: Civil Rights Coordinator, Blue Cross Blue Shield of Arizona, P.O. Box 13466, Phoenix, AZ 85002-3466, (602) 864-2288, TTY/TDD (602) 864-4823, crc@azblue.com. You can file a grievance in person or by mail or email. If you need help filing a grievance BCBSAZ’s Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1–800–368–1019, 800–537–7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

Multi-Language Interpreter Services:

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Arizona, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 602-864-4884.

Navajo: Díí kweé atah nílíngií Blue Cross Blue Shield of Arizona haada yit’éego bina’ídílíkidgo éí doodago Háída bíjá anilyeedígíí t’áadoo le’é yína’ídílíkidgo beehaz’áaní hólo díí t’áá hazaadk’ehií háká a’doowolgo bee haz’a doo báah ilínígódí. Ata’ halné’ílíí kojí bích’íí hodííínih 877-475-4799.

Chinese: 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross Blue Shield of Arizona 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 在此插入數字 877-475-4799。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross Blue Shield of Arizona quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thợ dịch viên, xin gọi 877-475-4799.

Arabic:

إن كان لديك أو أدى شخص تساعده أسهلة بخصوص بخصوص الضرورية ببلاغ من دون أي كلفة للتحدث مع مترجم النص ب 877-475-4799.
MANIPULATION UNDER ANESTHESIA (cont.)

Multi-Language Interpreter Services: (cont.)

Tagalog: Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa Blue Cross Blue Shield of Arizona, may karapatan na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagsalay, tumawag sa 877-475-4799.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Blue Cross Blue Shield of Arizona에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 877-475-4799로 전화하십시오.

French: Si vous, ou quelqu’un que vous êtes en train d’aider, a des questions à propos de Blue Cross Blue Shield of Arizona, vous avez le droit d’obtenir de l’aide et l’information dans votre langue à aucun coût. Pour parler à un interprète, appelez 877-475-4799.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum Blue Cross Blue Shield of Arizona haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 877-475-4799 an.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross Blue Shield of Arizona, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 877-475-4799.

Japanese: ご本人様、またはお客様の身の回りの方でも、Blue Cross Blue Shield of Arizonaについてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳をお話される場合、877-475-4799でお電話ください。

Farsi:

سایه، یا کسی که شما یا یکی می‌خواند، سوالاتی می‌تواند بپردازد و در نهایت به شما بگوید که کمک و اطلاعاتی که به شما می‌دهند از Blue Cross Blue Shield of Arizona حاصل نمی‌گردد. 877-475-4799.

Assyrian:

بیشتر گوشیده یا می‌توانید به شما کمک کنید و اطلاعاتی که به شما می‌دهند، از Blue Cross Blue Shield of Arizona حاصل نمی‌گردد. 877-475-4799.

Serbo-Croatian: Uoiko Vi ili neko kome Vi pomažete ima pitanje o Blue Cross Blue Shield of Arizona, imate pravo da besplatno dobijate pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 877-475-4799.

Thai: หากคุณ หรือท่านサポートするか、または AZ Blue Cross Blue Shield について質問があれば、ご希望の言語でのサポートを受けられたり、情報を入手したりすることができます。料金はかかりません。通訳をお話される場合、877-475-4799.