



MEDICAL COVERAGE GUIDELINES
SECTION: MEDICINE

ORIGINAL EFFECTIVE DATE: 06/11/14
LAST REVIEW DATE: 01/22/19
LAST CRITERIA REVISION DATE: 01/17/17
ARCHIVE DATE:

LIGHT THERAPY FOR VITILIGO

Non-Discrimination Statement and Multi-Language Interpreter Services information are located at the end of this document.

Coverage for services, procedures, medical devices and drugs are dependent upon benefit eligibility as outlined in the member's specific benefit plan. This Medical Coverage Guideline must be read in its entirety to determine coverage eligibility, if any.

This Medical Coverage Guideline provides information related to coverage determinations only and does not imply that a service or treatment is clinically appropriate or inappropriate. The provider and the member are responsible for all decisions regarding the appropriateness of care. Providers should provide BCBSAZ complete medical rationale when requesting any exceptions to these guidelines.

The section identified as "Description" defines or describes a service, procedure, medical device or drug and is in no way intended as a statement of medical necessity and/or coverage.

The section identified as "Criteria" defines criteria to determine whether a service, procedure, medical device or drug is considered medically necessary or experimental or investigational.

State or federal mandates, e.g., FEP program, may dictate that any drug, device or biological product approved by the U.S. Food and Drug Administration (FDA) may not be considered experimental or investigational and thus the drug, device or biological product may be assessed only on the basis of medical necessity.

Medical Coverage Guidelines are subject to change as new information becomes available.

For purposes of this Medical Coverage Guideline, the terms "experimental" and "investigational" are considered to be interchangeable.

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Description:

Vitiligo is an idiopathic skin disorder that causes depigmentation of sections of skin, most commonly on the extremities. Depigmentation occurs because melanocytes are no longer able to function properly.

There are numerous medical and surgical treatments aimed at decreasing disease progression and/or attaining repigmentation. Conservative therapy includes topical corticosteroids, coal/tar preparations and ultraviolet light). Light therapy for vitiligo includes both targeted phototherapy and photochemotherapy with psoralen plus ultraviolet A (PUVA).



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LIGHT THERAPY FOR VITILIGO (cont.)

Description: (cont.)

PUVA Therapy:

Combination of psoralen (a light-sensitizing medication) with exposure to Ultraviolet A (UVA).

Targeted Phototherapy:

High intensity UVB lamps or lasers, including excimer lasers, which focus monochromatic or very narrow band radiation specifically on individual lesions, thus limiting exposure to the surrounding normal tissues.

Criteria:

For phototherapy for treatment of psoriasis, see BCBSAZ Medical Coverage Guideline #O338, "*Psoriasis Medical Treatments*".

For phototherapy for treatment of rosacea, see BCBSAZ Medical Coverage Guideline #O681, "*Nonpharmacologic Treatment of Rosacea*".

For phototherapy for treatment of skin conditions other than vitiligo, psoriasis and rosacea, see BCBSAZ Medical Coverage Guideline #O741, "*Cosmetic Skin Condition Treatments*".

For PUVA therapy for treatment of psoriasis, see BCBSAZ Medical Coverage Guideline O338, "*Psoriasis Medical Treatments*".

PUVA Therapy:

- PUVA therapy for treatment of vitiligo not responsive to other forms of conservative therapy (topical corticosteroids, coal/tar preparations and ultraviolet light) is considered **medically necessary**.
- PUVA therapy for all other indications not previously listed is considered **cosmetic** and **not eligible for coverage**.



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LIGHT THERAPY FOR VITILIGO (cont.)

Criteria: (cont.)

Targeted Phototherapy:

- Targeted Phototherapy for treatment of vitiligo is considered *medically necessary*.
- Phototherapy for all other indications not previously listed is considered *cosmetic* and *not eligible for coverage*.

Resources:

Literature reviewed 01/08/18. We do not include marketing materials, poster boards and non-published literature in our review.

The BCBS Association Medical Policy Reference Manual (MPRM) policy is included in our guideline review. References cited in the MPRM policy are not duplicated on this guideline.

Resources prior to 04/30/13 may be requested from the BCBSAZ Medical Policy and Technology Research Department.

1. 2.01.86 BCBS Association Medical Policy Reference Manual. Light Therapy for Vitiligo. Re-issue date 12/14/2017, issue date 03/08/2012.



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LIGHT THERAPY FOR VITILIGO (cont.)

Non-Discrimination Statement:

Blue Cross Blue Shield of Arizona (BCBSAZ) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BCBSAZ provides appropriate free aids and services, such as qualified interpreters and written information in other formats, to people with disabilities to communicate effectively with us. BCBSAZ also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call (602) 864-4884 for Spanish and (877) 475-4799 for all other languages and other aids and services.

If you believe that BCBSAZ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: BCBSAZ's Civil Rights Coordinator, Attn: Civil Rights Coordinator, Blue Cross Blue Shield of Arizona, P.O. Box 13466, Phoenix, AZ 85002-3466, (602) 864-2288, TTY/TDD (602) 864-4823, crc@azblue.com. You can file a grievance in person or by mail or email. If you need help filing a grievance BCBSAZ's Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services:

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross Blue Shield of Arizona, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 602-864-4884.

Navajo: Díí kwe'é atah nilinígíí Blue Cross Blue Shield of Arizona haada yit'éego bina'idíílkidgo éí doodago Háida bíjá anilyeedígíí t'áadoo le'é yina'idíílkidgo beehaz'áanii hólg díí t'áa hazaadk'ehjí háká a'doowołgo bee haz'ą doo baqah ilínígóó. Ata' halne'ígíí kojí' bich'í' hodíilnih 877-475-4799.

Chinese: 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross Blue Shield of Arizona 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話 在此插入數字 877-475-4799。

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross Blue Shield of Arizona quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 877-475-4799.

Arabic:

إن كان لديك أو لدى شخص تساعد أسئلة بخصوص Blue Cross Blue Shield of Arizona، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بـ 877-475-4799.

