DYNAMIC POSTUROGRAPHY

Coverage for services, procedures, medical devices and drugs are dependent upon benefit eligibility as outlined in the member's specific benefit plan. This Medical Coverage Guideline must be read in its entirety to determine coverage eligibility, if any.

This Medical Coverage Guideline provides information related to coverage determinations only and does not imply that a service or treatment is clinically appropriate or inappropriate. The provider and the member are responsible for all decisions regarding the appropriateness of care. Providers should provide BCBSAZ complete medical rationale when requesting any exceptions to these guidelines.

The section identified as “Description” defines or describes a service, procedure, medical device or drug and is in no way intended as a statement of medical necessity and/or coverage.

The section identified as “Criteria” defines criteria to determine whether a service, procedure, medical device or drug is considered medically necessary or experimental or investigational.

State or federal mandates, e.g., FEP program, may dictate that any drug, device or biological product approved by the U.S. Food and Drug Administration (FDA) may not be considered experimental or investigational and thus the drug, device or biological product may be assessed only on the basis of medical necessity.

Medical Coverage Guidelines are subject to change as new information becomes available.

For purposes of this Medical Coverage Guideline, the terms "experimental" and "investigational" are considered to be interchangeable.

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Description:

Dynamic posturography is a diagnostic test used as an adjunct to other tests in the evaluation and treatment of an individual with suspected vestibular disorders (vertigo, dizziness). Balance function and dysfunction is assessed as it relates to visual, somatosensory and vestibular information relevant to postural control. A digital computer measures postural stability (sway) under several test conditions.
DYNAMIC POSTUROGRAPHY (cont.)

Criteria:

- Dynamic posturography is considered **medically necessary** for **ANY** of the following indications:
  1. Measure progress of balance rehabilitation or vestibular therapy
  2. Assess symptoms of disequilibrium in which standard vestibular function tests have not detected an abnormality
  3. Assess for balance impairment after trauma
  4. Assess level of disability in individuals with vestibular and/or neurologic disorders
  5. Receiving potentially vestibulotoxic medications, such as certain antibiotics, aminoglycosides, erythromycin, loop diuretics and salicylates
  6. In environments where vestibular structures of the inner ear may become damaged
  7. History of repeated falls of unknown origin
  8. History of significant disequilibrium
  9. Assess suspected non-organic imbalance, i.e., malingering

- Dynamic posturography for all other indications not previously listed or if above criteria not met is considered **experimental or investigational** based upon:
  1. Insufficient scientific evidence to permit conclusions concerning the effect on health outcomes, and
  2. Insufficient evidence to support improvement of the net health outcome.

Resources:

Literature reviewed 03/15/16. We do not include marketing materials, poster boards and non-published literature in our review.

The BCBS Association Medical Policy Reference Manual (MPRM) policy is included in our guideline review. References cited in the MPRM policy are not duplicated on this guideline.


DYNAMIC POSTUROGRAPHY (cont.)

Resources: (cont.)


DYNAMIC POSTUROGRAPHY (cont.)

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