

BENEFIT PLAN CHANGES

BlueSelect

Effective on and after January 1, 2008 for new groups and upon renewal for current groups, the following changes will apply to this benefit plan:

Bariatric Surgery

Currently, members pay an access fee (in addition to applicable inpatient admission copays/coinsurance) for covered gastric bypass surgery, but not for other forms of bariatric surgery. The access fee will now apply to **all** covered bariatric surgeries (weight loss surgery), including but not limited to, gastric restrictive, malabsorptive gastric bypass surgeries and revisions to bariatric surgeries. The access fee applies in addition to applicable inpatient admission copays/coinsurance.

Behavioral and Mental Health Services

Currently, members pay a maximum of two (2) inpatient copays per calendar year for covered behavioral and mental health inpatient admissions. Members will now pay one (1) inpatient admission copay for each covered behavioral and mental health inpatient admission, in addition to applicable coinsurance.

Medical Treatment of Obesity

Currently, only medically necessary surgical treatment for morbid obesity is covered. Physician office visits and laboratory services for the medical treatment of members diagnosed with obesity are now a covered benefit. Applicable physician office visit copays will apply to covered services provided in a physician's office. Covered laboratory services will be subject to applicable cost-sharing depending on the network provider used and/or the place of service. Prescription medications for the treatment of obesity or for weight gain or loss will continue to be excluded from coverage.

Nutritional Counseling/Training

Currently, members diagnosed with the conditions listed below have a maximum benefit of three (3) nutritional counseling/training visits, per person, per calendar year. In addition, these visits **are not** currently subject to physician office visit copays.

- Coronary Artery Disease
- Heart Failure
- High Cholesterol
- Hypertension
- Pre-Diabetes
- Renal Failure/Renal Disease

This benefit will change as follows:

- Obesity will be added to the above list of conditions. Members diagnosed with obesity can now receive nutritional counseling/training visits.
- Members will be responsible for the following cost-sharing:
 - ◆ Covered services received from BlueSelect network dietitians will still not be subject to the applicable physician office visit copays.
 - ◆ Covered services received from BlueSelect network physicians will now be subject to the applicable physician office visit copay.

- Covered nutritional counseling/training will continue to have a visit limit of three (3) visits per person, per calendar year.

Physical Therapy (PT), Occupational Therapy (OT) and Speech Therapy (ST)

PT, OT and ST evaluations for developmental delay are currently covered under the plan's behavioral and mental health benefit. PT, OT and ST evaluations for developmental delay will now be covered under the plan's PT, OT and ST benefit. PT, OT and ST developmental delay evaluations performed by a physical, occupational or speech therapist or by a physician outside the physicians' office will be subject to applicable coinsurance. PT, OT and ST developmental delay evaluations performed by physicians in the physician's office will be subject to the applicable physician office visit copay.

Retail and Mail Order Pharmacy

Medication Limitations

BCBSAZ applies quantity, age and gender limitations to certain prescription medications covered under the retail and mail order pharmacy benefit. Members can check the list of prescription medications subject to BCBSAZ prescription medication limitations at azblue.com or by calling the BCBSAZ Prescription Benefits Department at (602) 864-4273 or (800) 232-2345, ext. 4273. **BCBSAZ prescription medication limitations are subject to change at any time without prior notice.**

This benefit will change as follows: BCBSAZ has added Actiq to the list of quantity-limited covered prescription medications. (Actiq is approved by the FDA for management of breakthrough cancer pain in patients who are already receiving and are tolerant to opioids to treat the cancer pain.) Actiq is available in quantities of 50 units per cost-sharing amount.

Mail Order

Currently, members may obtain compounded medications through the mail order benefit. Compounded medications will no longer be available through the mail order benefit, but will continue to be available from retail pharmacies.

Urgent Care

Currently, members pay one copay, per person, per day at network urgent care facilities. Members will now pay one copay, per person, per provider, per day at network urgent care facilities.